

# IN BRIEF: GUIDELINES FOR GENDER-RESPONSIVE SPORTS ORGANIZATIONS















### Introduction

The Guidelines for Gender-Responsive Sports Organizations have been developed on the basis of the Sport for Generation Equality principles, which can guide women's empowerment in sports as well as social responsibility efforts by sports organizations. Aligned with the Kazan Action Plan and Beijing Declaration and Platform for Action, the six principles constitute an overarching framework for the sports ecosystem to be a leader in advancing gender equality and the empowerment of women and girls, in all their diversity, in and through sports.

The Guidelines assist organizations in transforming their intentions to empower women and girls and advance gender equality into actual practice, based on measurable and concrete actions and indicators. They offer a systematic method for sports organizations to comprehensively evaluate their current standing on gender equality, develop and implement measures that address gaps and barriers, and monitor and report progress.

Many types of sports organizations can apply the Guidelines. They include national Olympic committees, international/national sports federations, governmental sports bodies, sports clubs, non-governmental sports organizations and others. They can select specific actions that are most meaningful and useful to them, and effectively chart a path toward change. Since many social, cultural and organizational factors can affect sports organizations' capacities to develop and implement sustainable gender equality policies, the Guidelines offer a menu of options, and specific implementation areas, measures, actions and indicators that can be adapted to individual national and organizational contexts.

For each of the six principles, the Guidelines cover the scope, concepts, key objectives, area of implementation and a road map for application. A longer version includes detailed background information as well as a self-assessment form. This shorter "in brief" version presents a quick orientation and regular reference guide as sports organizations commence their journey to full support for gender equality and women's empowerment.



Long version of the <u>Guidelines for</u> Gender-responsive Sports Organization is here.



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### IN BRIEF: GUIDELINES FOR GENDER-RESPONSIVE SPORTS ORGANIZATIONS





Undertake efforts to promote women's leadership and gender equality in governance models



#### PRINCIPLE



Undertake efforts to prevent and respond to violence against women and girls in and through sports



#### PRINCIPLE



Undertake to close the gap in investment in women's sport and promote equal economic opportunities for women and girls

#### PRINCIPLE

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Undertake efforts to promote women's equal participation and bias-free representation in sports media, including communications to eliminate harmful gender stereotypes and promote positive role models

#### PRINCIPLE



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Undertake efforts to support equal opportunities for girls in sports, physical activity and physical education

#### PRINCIPLE



06

Agree to monitor and publicly report on progress on an annual basis





### **UNDERTAKE EFFORTS TO PROMOTE WOMEN'S LEADERSHIP AND GENDER EQUALITY IN GOVERNANCE MODELS**

E E	KEY OBJECTIVE Establish a high-level organizational commitment to gender equality.	<b>S</b> Develop an organizational gender equality policy/action plan.	Apply a gender mainstreaming approach to organizational and programm	g gender bala in all positio policies		<ul> <li>AREAS OF IMPLEMENTATION</li> <li>Problem assessment</li> <li>Lack of gender equality in the policies and procedures of sports organizations</li> <li>Underrepresentation of women in decision-making</li> <li>Lack of access to opportunities for professional development</li> </ul>
	AD MAP: 1.1. REFERENCE POINTS			0	···× o	Identify discriminatory practices      1.5. ESTABLISHING AN IMPLEMENTATION
	International and national normative frameworks.	Human rights, wo prevention of discr equal pay for work value, gender-resp policies and proced	rimination, of equal onsive dures.	Equal access to professional development, women in senior management, womer in decision-making, women role models and mentorship mechanisms.	1	Establish a gender equality committee in the sports organization and ensure the involvement of female managers in the committee. Establish a communications plan on gender equality in sports leadership, the value of women's leadership, etc
	<b>1.2. ANALYSING:</b> Gender analysis of current policies and procedures for professional development and career advancement.	Recruitment/elect and process in ma positions.	nagement	Candidate nomination and election criteria of the executive board and committees.		<ul> <li><b>1.6. MONITORING AND ASSESSMENT:</b></li> <li>Establish monitoring mechanisms.</li> </ul>
	Map gender ratio on the executive board, committees of employees with different tenures/levels/positions, areas of recruitment, promotion, job applications and in professiona development opportunities.	board members, a coaches and stake about female man	cutives, thletes, holders agers in the	Perceptions of executives, bo members, athletes, coaches a stakeholders about diversity (gender, religion, language, disability, sexual orientation) the sports organization.	and ) in	<ul> <li>INDICATORS:</li> <li>Presence of a high-level organizational commitment to ger</li> <li>Acknowledgement of the gender equality policy by stakehold</li> </ul>
$\bigcirc$	1.3. SETTING GOALS:					Gender of sports organization's president and secretary ge
	Establish high-level organizational commitment to gender equality.	Increase the numl women in decision	n-making.	Provide equal access to professional development opportunities.		Gender ratio of: executive board, committees, recruitment comr
	<b>1.4. WORKING WITH ST</b> Specify stakeholders and ide Internal stakeholders compri etc. External stakeholders ine national Olympic committee women's NGOs, families, far	ntify their involvement in th ise athletes, coaches, refere clude governing sports bodi es, sports clubs, media, spon	es/judges, medical st es, international/nat	aff, technical staff, office cler ional sports federations,	ı.	<ul> <li>Proportion of executives who have received training on ger</li> <li>Share of women among people invited to job interviews, sh</li> <li>Proportion of women executive candidates who have received evelopment opportunities</li> <li>Number of collaborations with stakeholders working on w</li></ul>





#### Policies and management

- Increase the number of women in decision-making.
- Provide access to opportunities for professional development.
- Promote positive practices.

ON F	PLAN:				
	Develop an action plan for implementing gender equality initiatives in the organization.				
	Establish a budgeted plan covering gender analysis, mentorship and leadership programmes, gender equality trainings, etc				
	Report to the organizational gender equality committee.				
o gen	der equality and gender equality policy				
kehol	lders				
y gen	heral				
committees, people with disabilities in decision making positions					
n gen	der equality				
vs, share of female managers conducting job interviews					
eceiv	ed mentorship and / or professional				

omen's empowerment and gender equality



### **UNDERTAKE EFFORTS TO PREVENT AND RESPOND TO VIOLENCE AGAINST WOMEN AND GIRLS IN AND THROUGH SPORTS**



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#### **KEY OBJECTIVES**

Enable a safe and inclusive sports environment for all individuals.

Prevent violence against women and girls in society through sports.



#### **AREAS OF IMPLEMENTATION**

#### Problem assessment

- Existence of gender-based violence in sports
- Lack of policies and procedures for preventing gender-based violence in sports

Encourage support from outstanding figures (athletes/coaches/leaders/fans) in the sports organization.

violence against women in society.

#### 2.6. MONITORING AND ASSESSMENT:

Identify indicators for monitoring gender equality work under this principle.

### INDICATORS:

$\oslash$	Presence of an organizational policy to prevent gender-b
$\oslash$	Presence of preventive mechanism and measures (traini ethics, criminal records checks, etc) in the sports organi
$\oslash$	Number of protective mechanism and measures (report confidentiality policy, survivor support mechanisms, etc.
$\oslash$	Number of cases of gender-based violence reported (bu
$\oslash$	Presence of support mechanisms for survivors of gender
$\oslash$	Proportion of athletes/coaches/managers/technical star gender-based violence in sports
$\oslash$	Presence of safeguarding policies and procedures for atl
$\oslash$	Presence of ethical codes for athletes, coaches, technical
$\oslash$	Number of projects/activities/campaigns that the sports women and girls in society through sports
$\oslash$	Presence of a committee/working group to combat gene
$\bigcirc$	Presence of organizational rejection of sexist cheers

#### **ROAD MAP: 2.1. REFERENCE POINTS:** National and international Preventive and protective Safe sports and inclusive normative frameworks related mechanisms in sports sports. to gender-based violence and organizations. safeguarding athletes. 2.2. ANALYSING: Determine frequency of gender-based violence in Analysis of current policies and procedures for sports at all levels of teams and in social media. preventing gender-based violence and protecting survivors. Assess perceptions and approaches of managers/ Assess perceptions of managers/athletes/ athletes/coaches/technical staff/parents/ coaches/spectators/fan groups towards violence stakeholders towards gender-based violence in against women and girls in society and their sports and related policies. thoughts on how violence against women can be prevented through sports. 2.3. SETTING GOALS: Develop and implement policies Make sports facilities Take responsibility for and procedures for genderinclusive and safe. preventing violence against based violence in sports. women in society. 2.4. WORKING WITH STAKEHOLDERS: Collaboration with stakeholders from various areas such as the public, civil society and academia in developing policies and trainings to prevent gender-based violence (IOC, international/national sports federations, national Olympic committee, related NGOs, etc..) Collaboration with national and international Collaboration with fan groups to prevent sexist sports federations in developing ethical codes for cheers in sports competitions. athletes and coaches.

#### 2.5. ESTABLISHING AN IMPLEMENTATION PLAN:

Establish a working group to combat gender-based violence in the sports organization.

Develop and implement policies and procedures to prevent gender-based violence in sports.





Report to the organizational gender equality committee.

ased violence in sports

ng for prevention of gender-based violence, code of

ng procedures, investigation procedures, ) in the sports organization

lying, peer harassment, LGBTQI homophobia)

-based violence

ff who have received training on the prevention of

staff and managers

organization conducted to combat violence against

ler-based violence in sports and a survivor support centre



### UNDERTAKE TO CLOSE THE GAP IN INVESTMENT IN WOMEN'S SPORT AND PROMOTE EQUAL ECONOMIC OPPORTUNITIES FOR WOMEN AND GIRLS



### **KEY OBJECTIVES**

Increase investments in the development of women's sports. Increase the number of female athletes, coaches, referees/judges.

Enable female and male athletes, coaches, referees, technical officals/support judges to participate in an equal, fair and safe environment.

Professional development and career advancement

opportunities for female athletes/coaches, role

athletes/coaches, equal working conditions for

Women-friendly sports programmes and sports

coaches/referees/judges.

facilities

models and mentorship mechanisms for female



#### Problem assessment

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- Underrepresentation of female athletes in all sports branches and at all levels of sports
- Lack of female coaches and referees/judges in all sports branches and levels of sports
- Barriers for women's participation in sports
- Analysis of current policies/procedures and discriminatory practices regarding women's sports

#### **ROAD MAP:**

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3.1. REFERENCE POINTS:

International and national normative framework on women's rights and sports.

Prevention of discrimination, equal pay for work of equal value, equal practices, work-life balance.

#### 3.2. ANALYSING:

Gender analysis of current policy and procedures in relation to recruitment, payment, benefits, awards, working (training/ competition) conditions, and opportunities/resources (equipment, facilities, transportation, accommodation, nutrition, etc..) offered to athletes and coaches.

#### 3.3. SETTING GOALS:

Increase the number of female athletes, coaches and referees/judges at all levels of sports.

#### 3.4. WORKING WITH STAKEHOLDERS:

Encourage female athletes and coaches to participate in national and international networks advocating women's empowerment in sports.

Assess perceptions of executives/athletes/coaches and stakeholders about women's sports, particularly about female athletes and coaches.

Remove barriers to women's

participation in sports.

Assess perceptions of executives/athletes/coaches and stakeholders about diversity (gender, religion, language, disability, sexual orientation) in athlete/coach/ referee/judge positions.

Provide access to professional development opportunities for women.

Establish platforms that will enable women role models to share their experiences with young female athletes/coaches/referees/judges.

#### 3.5. ESTABLISHING AN IMPLEMENTATION PLAN:

Develop and implement policies and procedures to increase the number of female athletes, coaches, referees, judges, as well as their professional development opportunities and mentorship mechanisms.

Establish a communications plan promoting the value of women in sports, equal opportunities for female athletes,coaches, referees, judges, equal play for equal pay, and women-friendly/ gender-sensitive sports facilities.

#### 3.6. MONITORING AND ASSESSMENT:

Identify indicators for monitoring gender equality work under this principle.

3	INDICATORS:
$\mathcal{D}$	Gender ratio of athletes, coaches, referees/judges, technical c
$\mathcal{D}$	Proportion of female athletes, coaches, referees/judges, tech professional development/mentorship
Ż	Gender ratio of female and male athletes, coaches, referees/j received gender equality training
Ż	Contract awards and salary (regular income) ratios of female
Ż	Sponsor support ratio of female and male athletes
Ż	Competition participation ratio of female and male athletes
Ż	Quality of transportation vehicles and accommodation for fer
Ż	Medical and technical staff support for female and male athle
$\overline{\mathbf{x}}$	Presence of women-friendly and accessible facilities



#### Policies and management

- Increase the number of female athletes, coaches, referees/judges
- Remove barriers to women's participation in sports
- Eliminate discriminatory practices in terms of salaries, awards, training facilities, acommodation and quality of professional coaches

#### **DN PLAN:** Develop strategies for equal and fair distribution of opportunities and resources to female and male athletes.

Establish a budgeted plan to provide professional development opportunities, mentorship mechanisms for women, gender equality trainings, women-friendly sports facilities, and improved resources and opportunities for women.

Report to the organizational gender equality committee.

officials/support professionals (by sports branches and levels)

nical officials/support professionals who have received

judges, technical officials/support professionals who have

and male athletes and coaches

male and male athletes

letes



### **UNDERTAKE EFFORTS TO PROMOTE WOMEN'S EQUAL PARTICIPATION AND BIAS-FREE REPRESENTATION IN SPORTS MEDIA, INCLUDING COMMUNICATIONS TO** ELIMINATE HARMFUL GENDER STEREOTYPES AND PROMOTE POSITIVE ROLE MODELS

		IVES		areas o	F IMPLEMENT	ΓΑΤΙΟΝ
V	ncrease the number of vomen in all positions of the media.	Increase the percentage of women's sports reporting in the media.	Eliminate the gender-stereotyped portrayal of female athletes in the media.	<ul> <li>Problem assessment</li> <li>Underrepresentation of v corporate media</li> <li>Underrepresentation of v forms of media</li> <li>Gender-stereotyped prese athletes in all forms of co</li> </ul>	vomen's sports in all entation of female	<ul> <li>Policies and management</li> <li>Increase the number of women work commentators, programme produce</li> <li>Enable female journalists to work in</li> <li>Increase the share of women's sport</li> <li>Present gender-responsive portrayal</li> <li>Develop and implement training ma</li> <li>Ensure gender balance and equity in</li> <li>Ensuring that athletes/managers/comments</li> </ul>
F	ROAD MAP:			···×	94 .	
	4.1. REFERENCE POI	NTS:		×	4.6. MONITORIN	G AND ASSESSMENT:
	Gender imbalances agair women in all positions of media.			n all forms	Identify indicators fo equality work under	or monitoring gender r this principle.
	4.2. ANALYSING:	-	A CONTRACTOR			
	Map the gender ratio of p media (managers, progra production directors, con interns, etc).	amme producers, editors,	Gender analysis of the presentation and male athletes/sports in all form corporate media/communications r	s of naterials.	INDICATORS	d men by positions in corporate me
	4.3. SETTING GOAL	S:	and the second	Pr	esence of policies/prac	tices for increasing the number of v
	Increase number of wome corporate media.	en in all positions of	Eliminate the gender-stereotyped perfemale athletes in all forms of common corporate media.	nunications/		tices for increasing the representat
	4.4. WORKING WITH	H STAKEHOLDERS:			oportion of news/com	ments/publicity/programmes abou
	Collaborate with stakehol		Encourage outstanding female and n	nale	oportion of visuals of f	emale and male athletes/coaches w
	equality in media while de training for gender equali	eveloping and implementing ity in media.	athletes/managers/coaches to prome equality in corporate media.	ote gender 🔗 Pr	oportion of written tex	t on female and male athletes/coad
(	4.5. ESTABLISHING	AN IMPLEMENTATION P	LAN:	Pr	oportion of corporate s	social media accounts belonging to
	Establish a gender equal media unit of the sports	lity working group in the	Develop and implement policies and increase the number of women work		oportion of visuals/me	essages about female and male athle
	incula diffe of the sports		corporate media.		esence of gender equa	lity in organizational publicity mate
		Seek support from outstanding figures in sports organizations (athletes, coaches, managers).		's employment media workers, es/women's quality		



- orkers in corporate media (managers, editors, news reporters,
- ucers, technicians, interns, etc..).
- in a safe environment.
- orts in all forms of corporate media.
- yal of female athletes in all forms of communication.
- naterials for gender-responsive language in media.
- in visuals used in organizational communications materials.
- coaches use gender-responsive language in media communications.



#### edia

- women employees in corporate media
- ation of female athletes in corporate media
- out female and male athletes/sports
- with gender and/or disability stereotypes
- aches with gender and/or disability stereotypes
- o female and male athletes
- hletes in corporate social media
- terials



## **UNDERTAKE EFFORTS TO SUPPORT EQUAL OPPORTUNITIES FOR GIRLS IN SPORTS, PHYSICAL ACTIVITY AND PHYSICAL EDUCATION**

### **KEY OBJECTIVES**

Foster girls' participation in sports/ physical activity/physical education in an equal and safe environment.

Raise girls' and boys' awareness of gender equality through sports.



#### Problem assessment

- Scarcity of girls' participation in sports/physical activity/physical education.
- Map distribution of girls and boys in all branches of a sports organizations, community sports, school sports, and among those who drop out of sports.
- Map the physical activity levels of girls and boys.
- Barriers for girls' participation in sports, physical activity and physical education (personal, social, cultural and organizational).
- Identify girls' motivations for participation in sports/physical activity/ physical education.

#### Policies and management

- Increase girls' participation in sports/physical activity/physical education through policies and programme development. • Eliminate barriers to girls' participation in sports/physical activity/physical education.
- Develop and implement programmes aimed to increase the physical literacy of girls.
- Implement strategies to prevent girls from dropping out of sports at an early age.
- Seek support from key people (family, friend, physical education teacher) to provide girls' participation in sports/physical activity/physical education.
- Establish platforms for female athlete role models to share knowledge and experience with girls in intramural and extramural environments.
- Develop and implement sports programmes in accessible and safe sports facilities.

RC			2.8	0···· 0	0	5.5. ESTABLISHING AN IM	PLEMENTATIO
	<b>5.1. REFERENCE POINTS:</b> Personal, social, cultural and organizational barriers to girls' participation in sports/physical activity/physical education.	Girl-friendly sports physical activity pr		•••× Sports and physical activity programme targeting girls' empowerment.		Develop and implement sports and physical activity programmes that aim to improve the life skills and physical literacy of girls.	Establish a cor plan on girls' e through sport girls' empowe of sports/phys physical educa the value of fe models for gir
$\bigcirc$	5.2. ANALYSING:		1.5				
	Proportion of girls and boys in sport activity/physical education.	s/physical	Sports and pl targeting girl	nysical activity programmes s' empowerment.		5.6. MONITORING AND As Identify indicators for monitorin	ng gender
	Assess perceptions and approaches of managers/athletes/coaches/parents/physical education teachers and stakeholders on the empowerment of girls through sports.		Identify sports girls' perception of sports/physical activity/physical education.		equality work under this principle.		
$\bigcirc$	5.3. SETTING GOALS:			5911.	Ø F	Proportion of girls and boys in all spo	orts branches and cor
	Increase girls' participation in sports/ activity/physical education.	'physical		riers to girls' participation in al activity/physical education.	Ø F	Proportion of physical activity levels	of girls and boys
					S -	Proportion of girls and boys actively	participating in phys
	Ensure girls' empowerment through	sports.	Raise the gen boys through	der equality awareness of girls and sports.		Number of activities that sports orga experience with girls in schools/com	nization conducted munity centres
$\bigcirc$	5.4. WORKING WITH STAKEH	OLDERS:		Mar y		Number of sports and physical activi	ty programmes targe
	Collaborate with family/schools/phy			male athletes to share experience		Number of trainings that sports orga hrough sports	inization conduct for
	teachers/community centres on girls sports/physical activity/physical educ		environments	tramural and extramural .		Presence of accessible and safe sport	s facilities for girls



#### N PLAN:

the value of ment, the value cal activity/ tion for girls, and nale athlete role

girl-friendly sport/physical activity programme, meetings with girls in schools/community centres, and training to raise awareness on gender equality through sports with the partnership of physical education teachers

Report to the organizational gender equality

nmunity sports programmes

ical education

- eting girls' empowerment
- girls and boys to raise awareness on gender equality



# **AGREE TO MONITOR AND PUBLICLY REPORT ON PROGRESS ON AN ANNUAL BASIS**

### **KEY OBJECTIVES**

Ensure accountability and transparency in advancing gender equality in sports organizations.

Ensure the sustainability of gender equality initiatives in sports organizations.



#### Measurement

- Establish goals and indicators for each principle based on organizational capacities and priorities.
- Establish platforms to monitor and evaluate implementation of organizational gender
- equality measures.
- Elicit feedback from stakeholders to evaluate managers' commitments to the empowerment of women and gender equality in sports.
- Include gender-disaggregated data in all organizational annual reports.
- Compare current data for the five principles, identify areas of progress and stagnation, and reflect evaluations in further plans.

#### Reporting

- developing monitoring mechanisms.
- official website.

RC	DAD MAP:			0	···×	6.5. ESTABLISHING AN IM	PLEMENTATIO
$\bigcirc$	6.1. REFERENCE POINTS:					Develop and implement a	Develop and i
	Gender equality targets.	Indicators, mo assessment.	nitoring and	Gender-disaggregated data/gender-responsive da	ta.	form to gather stakeholder feedback on organizational gender equality initiatives.	to gather stal on managers the empower and gender e
$\bigcirc$	6.2. ANALYSING:				-		_
	Implementation areas of all princip the Guidelines.	ples in	Gender-disag	ggregated data.		Publish a progress report on implementation of the principles.	Write and sul report on imp the principles
$\bigcirc$	6.3. SETTING GOALS:						
	Conduct regular monitoring and assessment of organizational gender equality initiatives.			hanisms to monitor and itors.	Establish a budgeted plan for research, monitoring a an annual report and a Sports for Generation Equali		
			2	-		6.6. MONITORING AND AS	SSESSMENT:
	Share gender equality progress wit stakeholders.	h all	Include gende organizationa	er equality data in annual I reports.		Establish monitoring mechanisn	ns.
	Share a progress report on impleme the principles with UN Women.	entation of				INDICATORS:	
$\bigcirc$	6.4. WORKING WITH STAKE	EHOLDERS:				Presence of a Sports for Generation E	quality report
	Conduct a stakeholder analysis to s groups sports organization should with, inside or outside the organiza	collaborate	commitment	the sports organization's to gender equality by publishing th aborative work with stakeholders.		Presence of gender-disaggregated da	
					$\odot$	Presence of monitoring and assessme	ent mechanisms for
						Presence of gender equality initiative	of the sports orgar
					$\bigcirc$	Presence of gender equality report of	the sports organiza





• Ensure that indicators are monitored, assessed and reported on a regular basis by

• Share progress and elicit feedback from stakeholders through public reports. • Publish the sports organization's policies and gender equality initiatives on the

• Demonstrate the sports organization's commitment to gender equality by publishing collaborative work with stakeholders along with challenges and achievements.



al reports

r gender equality in the sports organization

nization on official website/platforms

ation on the official website/platforms

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