

# **ACHIEVING GENDER EQUITY IN WHEELCHAIR RUGBY**

## **WORLD WHEELCHAIR RUGBY GENDER EQUITY STRATEGY 2025–2032**

Governance

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## **Achieving Gender Equity in Wheelchair Rugby**

World Wheelchair Rugby Gender Equity Strategy  
2025-2032

The Wheelchair Rugby Gender Equity Playbook is a guide to making the sport more inclusive, fair and dynamic for women and girls. Designed to break barriers and level the playing field, the document tackles key issues including access, representation and leadership. From increasing female participation to ensuring equal opportunities in coaching, officiating and governance, the playbook lays out actionable steps for organisations, teams, and individuals to drive real change.

## Background

Created through consultation, research and the referencing of best practice gender equity strategies from other sports, the World Wheelchair Rugby Gender Equity Strategy has been developed to address the current underrepresentation of women in the sport at all levels.

## The Framework

The Strategy includes a Framework which has been designed to be adapted and customised to the context of each member organisation, including setting appropriate goals based on available resources.

The framework has four elements:

- **Areas of focus** - main themes to guide our efforts grouped by similar goals, activities and stakeholders
- **Goals** - The outputs and outcomes we are working to achieve in each area of focus
- **Actions** - The key initiatives, programmes and activities to achieve the goals within a given area of focus that either address a barrier or build on an opportunity
- **Foundational supports** - Tactics and resources which create the foundation for the success of multiple areas of focus

And Five Areas of Focus:

- **Promotion** - creating awareness and interest for wheelchair rugby for women
- **Environment & Experience** - Creating the environment to deliver experiences that meet the needs of women
- **Events & Competition** - Creating the conditions for a more fair, accessible development pathway for women to compete in high performance wheelchair rugby competition
- **Community** - Creating programmes at the local club level to engage women in the sport
- **Leadership & Support** - Helping women in leadership and support roles across the sport

Read:

[Achieving Gender Equity in Wheelchair Rugby: World Wheelchair Rugby Gender Equity Strategy 2025-2032](#)

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Lire: [Stratégie d'équité entre les sexes de la World Wheelchair Rugby](#)

Related Links:

[Range of Resources focused on women and girls in Wheelchair Rugby](#)